

WHAT IS CLAIMED IS:

1. A health promotion practitioner support apparatus used for supporting health promotion for preventing diseases caused by lifestyles and for promoting and maintaining health, comprising:

5 a part storing scenarios which includes health promotion information and health promotion timing for each of levels of readiness for change;

10 a part obtaining data on lifestyles and said level of readiness for change of a client;

a part preparing a health promotion schedule of said client from said scenario and said data, and outputting said health promotion schedule;

15 and

a part outputting health promotion information for said client according to operation to said health promotion schedule.

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2. The health promotion practitioner support apparatus as claimed in claim 1, said part 25 obtaining data comprising:

a part outputting information used for interviewing said client; and

a part receiving responses of said client.

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3. The health promotion practitioner support apparatus as claimed in claim 2, said part 35 outputting information used for interviewing said client comprising:

a part outputting question information for

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5 checking said level of readiness for change; and
a part determining said level of readiness
for change according to a response to said question
information and determining information to be output
hereafter according to said level of readiness for
change;

10 wherein said health promotion practitioner
support apparatus determines said health promotion
information according to responses of said client.

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15 4. The health promotion practitioner
support apparatus as claimed in claim 1, wherein
said levels of readiness for change include an
unconcerned stage, a precontemplation stage, a
contemplation stage and a preparation stage.

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25 5. The health promotion practitioner
support apparatus as claimed in claim 1, wherein:
said health promotion schedule is
displayed as a screen of a calendar format on a
display part of said health promotion practitioner
support apparatus or on a terminal which can access
said health promotion practitioner support
apparatus; and

30 a number of clients is displayed in each
day of the calendar format if said clients should
receive health promotion on said day, and health
promotion details are displayed for each of said
35 clients by selecting said day.

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6. The health promotion practitioner support apparatus as claimed in claim 5, wherein
5 data for forming said health promotion schedule includes histories of provided health promotion.

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7. The health promotion practitioner support apparatus as claimed in claim 1, further comprising:

15 a part storing plurality of kinds of health promotion information, said plurality of kinds of health promotion information including interview health promotion information, telephone health promotion information, and documents to be sent physically or by electronic mail; and
20 wherein said part outputting health promotion information outputs said health promotion information by means suitable for one of said kinds of health promotion information.

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8. The health promotion practitioner support apparatus as claimed in claim 1, further
30 comprising:

a part obtaining results of medical examination; and
a part selecting clients for preventing a specific disease by using said results.

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9. A computer readable medium storing
program code for causing a computer to perform
processes used for supporting health promotion for
5 preventing diseases caused by lifestyles and for
promoting and maintaining health, said computer
readable medium comprising:

10 program code means for obtaining data on
lifestyles and a level of readiness for change of a
client;

15 program code means for obtaining a
scenario which includes health promotion information
and health promotion timing for each of levels of
readiness for change;

20 program code means for preparing a health
promotion schedule of said client from said scenario
and said data, and outputting said health promotion
schedule; and

25 program code means for outputting health
promotion information for said client according to
operation to said health promotion schedule.

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10. The computer readable medium as
claimed in claim 9, said program code means for
obtaining data comprising:

30 program code means for outputting
information used for interviewing said client; and
program code means for receiving responses
of said client.

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11. The computer readable medium as

claimed in claim 10, said program code means for outputting information used for interviewing said client comprising:

5 program code means for outputting question information for checking said level of readiness for change; and

10 program code means for determining said level of readiness for change according to a response to said question information and determining information to be output hereafter according to said level of readiness for change; wherein said computer determines said health promotion information according to responses of said client.

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12. The computer readable medium as
20 claimed in claim 9, wherein said levels of readiness for change include an unconcerned stage, a precontemplation stage, a contemplation stage and a preparation stage.

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13. The computer readable medium as
claimed in claim 9, wherein:
30 said health promotion schedule is displayed as a screen of a calendar format on a display part of said computer or on a terminal which can access said computer; and
a number of clients is displayed in each
35 day of the calendar format if said clients should receive health promotion on said day, and health promotion details are displayed for each of said

clients by selecting said day.

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14. The computer readable medium as
claimed in claim 13, wherein data for forming said
health promotion schedule includes histories of
provided health promotion.

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15 15. The computer readable medium as
claimed in claim 9, further comprising:
20 program code means for obtaining one of a
plurality of kinds of health promotion information,
said plurality of kinds of health promotion
information including interview health promotion
information, telephone health promotion information,
and documents to be sent physically or by electronic
mail; and
25 wherein said health promotion information
is output by means suitable for one of said kinds of
health promotion information.

30 16. The computer readable medium as
claimed in claim 9, further comprising:

35 program code means for obtaining results
of medical examination; and
program code means for selecting clients
for preventing a specific disease by using said
results.

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17. A method of supporting health
5 promotion for preventing diseases caused by
lifestyles and for promoting and maintaining health
by using a health promotion practitioner support
apparatus, said method comprising the steps of:
obtaining data on lifestyles and a level
10 of readiness for change of a client;
obtaining a scenario which includes health
promotion information and health promotion timing
for each of levels of readiness for change;
preparing a health promotion schedule of
15 said client from said scenario and said data, and
outputting said health promotion schedule; and
outputting health promotion information
for said client according to operation to said
health promotion schedule.

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